Welcome to Ballroom Moves

Social Dance Specialists

Classes commence 13th & 15th January 2026

Class Schedule & Structure

Our classes are held on Tuesday and Thursday evenings starting at 7.00pm.

- **Easy Dance Class**
  Each class begins with a warm-up lesson focused on an Easy Dance suitable for all.
- **Core Dance Class**
  We maintain a list of essential core dances. A dance from this Core List will be included in our Tuesday and Thursday classes each month to ensure consistent practice of popular dances.
- **Advanced Focus**
  The last lesson of each session shifts to a more advanced level. This may feature either revision of an Advanced dance, a new Sequence Dance, or an intricate move to enhance your freestyle dancing repertoire.
- **Monthly Rotation**
  Dances selected will be taught for the whole month.
- **Venue**
  Lake Monger Recreation Club, 144 Gregory St, Wembley

Pricing and Levels

We have structured our pricing and levels to suit dancers of varying experience.

- **Easy Class only**: 7pm to 7.30pm
  - Suitable for those new to Sequence & New Vogue dancing
  - $10 or pay $15 and come along Tuesday & Thursday
- **Easy & Core Class:** 7pm to 8.10pm
  - Master the basic and core dances so you can confidently enjoy our social dances
  - $20
- **Core & Advanced Class:** 7.30 to 9pm
  - Suitable for dancers with a strong grasp of fundamental techniques who are ready for a challenge. This class is not suitable for beginners, prior experience with core movements is required.
  - $20
  - You are welcome to come early and help dancers in our Easy Class
  - Social Dance Practice from 9pm to 9.30pm included on Thursdays

Private Lessons

Call or message 0401 731 772 for information and to book in

Saturday Night Social Dance First Dance 10th January 2026

- 2nd and 4th Saturday of every month
- 7.30pm to 10.30pm
- Cost $20
- Tea & coffee provided – bring your own mug if you want to help save the planet
- Leederville Town Hall, 85 Cambridge St, Leederville

New Features

- Scan the QR code for our dance programme (subject to change on the night)
- Popular Core Dances are included in every programme
- Rotating selection from our Supplemental Dances in Focus List are also included in the programme
- The Supplemental dances will be refreshed every quarter to reflect our current classes and enhance your dance experience

Core Dances Jan to March 2026

Our Core Dances form the foundation of every Saturday night

March & Tango Rhythm	Waltz Rhythm	Foxtrot Rhythm	Quickstep Rhythm	Viennese Waltz Rhythm	Latin Rhythm
Evening 3 Step	Emmerdale Waltz*	Merrilyn*	Mayfair Quickstep*	Lucille Waltz	Sallyanne Cha Cha*
Tangoette*	New Vogue Waltz	Carousel*	New Vogue Quickstep	Swing Waltz	Queen of Hearts Rumba
Tango Terrific	Engagement Waltz	Charmaine*	Quickstep x 2	Twilight Waltz	Paso La Passe
La Bomba	Waltz x 2	Balmorral Blues*		Presidents Daughter's Waltz	Jive x 2
Argentine Stroll		Barclay Blues		Vienna Smooth	Rumba x 2
Argentine Obsession		Excelsior Schottische		Viennese Waltz	Cha Cha x 2
		Foxtrot			

Supplemental Dances in focus Jan to March 2026

We spotlight a selection of supplemental dances in the programme

March & Tango Rhythm	Waltz Rhythm	Foxtrot Rhythm	Quickstep Rhythm	Viennese Waltz Rhythm	Latin Rhythm
Tango 44*	Winscar Waltz	Joyette*	Elderberry QS Kew QS Medley	Tracie-Leigh Waltz*	Salsa Swing
Black Knight Tango	Banbury Waltz	Glenroy Foxtrot			Galaxy Rumba*
		Floral Blues			Miami Rumba